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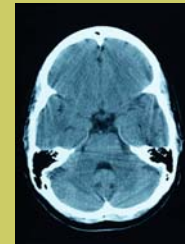
In case of emergency

If someone is intoxicated or they seem to be seriously ill - dial 000 and ask for ambulance assistance.

Bibliography:

- * "This book: the Truth About drugs", Michael Rock
- ** "Better Life", Konstantine Petsinis
- ****"You can free Yourself from Alcohol & Drugs, Doug Althaus
- ****When I say No, I feel Guilty, Dr. Manuel J. smith
- ****When Good things become Addictions, Dr. Grant Martin
- *****How to behave so your children will, too, Dr. Sal Severe
- *****"Become the Person you dream of Being, Wes Beavis

Lysergic Acid Diethylamide (LSD)



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Australian Greek
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What is Lysergic Acid Diethylamide (LSD)?

LSD is an illicit hallucinogen drug. It's full name is Lysergic Acid Diethylamide. "Hallucinogens are thought of as substances that alter the organization of information in the central nervous system. The characteristic effect of hallucinogens is the production of illusory objects or images, often called hallucinations. LSD has two distinct stages of production. The first involves the chemical process of producing LSD crystal and the second involves the conversion of the crystal. This is done by dissolving the crystal in alcohol and impregnating blotter paper or other mediums with the resulting liquid."

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Effects of LSD.

It produces a "psychedelic experience" that users call a "trip". Orally administered LSD produces its effects within 30-90 minutes and has a duration of action from 8-12 hours. After the first couple of hours its effects become stronger reaching a crescendo after approximately 3-5 hours, depending on the strength of the drug. The effects of LSD can include increased pulse and blood pressure, dilated pupils, fever, intense perceptual distortion, including visual and auditory hallucinations, and affective changes. Users may collapse and feel very weak for long periods after use until they can return to normal. Absence of sleep during this period is a common side effect.

The most common hallucination is the presence of a flood of colors floating in the air, called "Scottish fog". Even though users can see colorful objects they usually do not lose the sense of space and they are fully aware of where they are. A lot of the major side effects, including losing control and having a very bad "trip" are due to very strong doses of the drug. A strong dose can immobilize the users, where as a usual dose can give them the urge to dance and have a good time. **

The effects can vary from person to person depending on how much someone has developed some level of familiarity with the drug from previous experiences. It also depends on the amount taken, the body size of the user, the gender, the place where the drug use takes place and the reasons for it.

The rumors that LSD can harm the chromosomes resulting in deformed babies do not have any scientific evidence. According to some testimonies, some users may feel that they are using LSD again, months after their real experience. The users call this "flashback". "Long-term effects may include psychosis and post-hallucination perceptual disorders (flashbacks) which reportedly vary greatly in duration from one second to five years. Other visual disturbances grouped under the title post-hallucinogen perceptual disorders include: geometric pseudohallucinations, false fleeting perceptions in the peripheral visual field, color flashes and positive afterimages." ***

LSD is a typical psychedelic substance. It magnifies whatever you feel. Users feel that the colors around them become bright and vivid. The objects may seem colorful and more evident. Users feel as if they take part in a colorful movie where every color dances around them. LSD changes the way users see themselves and their environment adding a different level to their existence, something like a sixth sense. Whatever they see or think becomes very important.

There are three categories of drugs. Stimulants, depressants and hallucinogens. LSD, even though a hallucinogen, can act also as a depressant. Users can literally feel they bleed passing through their veins and have a vivid sense of the energy that surrounds them. Sometimes hallucinations can create overwhelming and unbearable emotions. A light from a normal light bulb can seem very colorful and bright to users. ****

If users have an inclination towards depression, LSD can enhance that feeling making them feel really terrible. If someone uses LSD in two consecutive days, the effect diminishes. LSD releases large amounts of adrenaline all at once and as a result the brain needs several weeks to replace them and recover. LSD also affects serotonin, a natural substance which functions as a transmitter in the brain. *****

Associated dangers.

LSD affects the brain and can create adverse health effects. Like most psychedelic drugs, it affects the psyche, the soul of the person. It brings up and enhances the feelings. It affects the senses and the emotions. In low doses it alters the moods and perceptions. In high doses it may produce hallucinations, trembling, chills and nausea. Acute harms generally center around the experience of a bad "trip". These experiences are described as containing acute anxiety, feelings of terror and depression, acute paranoia and panic. There is insufficient data to make clear a statement on the harm related to hallucinogen use, given the nature of the harms and the complications of co-administered drugs. If it is taken in combination with other drugs or alcohol it can be fatal. *****

Precautions.

If users have a history of mental illness LSD will intensify their suffering. Never leave someone who have used LSD by themselves. There are a lot of cases of people losing their lives as they jumped off bridges or walked in the middle of a busy freeway while hallucinating. Do not let anyone under the influence of LSD to use machinery or drive a car or ride a bike etc. Also, refuse to be a passenger under those circumstances. If someone has an illness they should be extra careful not to use drugs that will affect their health in the short or long run. Avoid using drugs while under prescription drugs. LSD, like any other drug, alters the way the mind and body function. It is by no means a safe drug.